



Updated Health Protocols: Effective as of 12/20/2021

Times are changing quickly, and it unfortunately is not for the better right now. We are doing everything in our power to keep ourselves, our athletes and families as safe as possible. We have updated some of our policies to better suit what is going on right now

All athletes and spectators must wear a mask to enter all of our facilities going forward: Fusion Gym, RBMS & Salvation Army.

We are no longer allowing spectators for ANY of our clinics, workouts or practices at any of our facilities. We want to keep the number of people in the gym as low as possible. 1 spectator/athlete can still sit in on training sessions.

Any athlete showing ANY cold-like symptom (runny nose, cough, sneezing/constant sniffing) will be sent home no exceptions. **Please keep your athlete home if they are showing any signs of sickness.**

Any athlete that misses due to sickness will need a negative Covid test to return.

Any athlete considered a close contact must stay away from the gym for at least 5 days (regardless of vaccination status) from the day of contact as long as they have shown no symptoms. The athlete can return after 5 days, symptom-free with a negative Covid test.

Any athlete that tests positive for Covid (regardless of vaccination status) must stay away from the gym for at least 10 days from the date of the positive test. The athlete will be allowed to return after 10 days, symptom-free, with a negative test.

Athletes are allowed to remove the mask for the workout/clinic/practice/training sessions once they pass a temperature check.

For athletes participating in games at RBMS this winter (bid league or travel teams) masks must be kept around your ears for your games. Athletes are allowed to remove the mask for warmups and any time they are actively on the court playing. Athletes must put the mask back on when they are sitting on the bench. Spectators (No more than 2/athlete) are still being allowed at games at the moment. We are working closely with the school and recreation department to stay on top of all of these protocols.

We will be keeping doors open to help with the ventilation at all our gyms.

We want nothing more than to be able to pull this winter season off so your support in this is necessary and appreciated! We expect you to make the proper decisions for your family while also keeping others in mind. We respect whatever decision you make as far as your athlete's participation. We will continue to implement protocols and do whatever's necessary to keep the safety of our athletes, coaches, and families first.