

At Fusion School of Basketball, we strive to challenge and offer each student athlete the opportunity to improve their basketball skills and gain game experience. We take pride in developing well-rounded athletes while stressing academics, responsibility, accountability, fundamentals, teamwork. leadership, commitment, work ethic, respect and fair play that can apply both on and off the court. We welcome all serious basketball players who are committed and looking to get better both individually and in a team setting.







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## FUSION TRAVEL BASKETBALL

**6 MONTH PROGRAM** 



**Building Athletes Right** 

## **FALL PRESEASON (10 WKS)**

Athletes must attend fall clinics on a consistent basis and display attentive behavior in order to complete our fall preseason program. Coaches have the right to deny a spot on a travel team to any athlete that does not meet these requirements.



1 Travel Team Practice/weekTuesday evenings Sept - Nov



1 Skills Training workout/week Wednesday evenings Sept - Nov



\*Optional Add-on\* 1 specialty clinic/week (Get Bucketz, Defend to Score, Tryout Prep, Small Group

We place development FIRST and recognize that most athletes we encounter are not being taught proper fundamentals which isn't giving them a fair chance to compete. We believe every athlete is capable as long as they are dedicated to the process and committed to showing up. We have put a 6-month program in place which includes a 10-week fall preseason (weekly practice, skills training & clinics) AND winter basketball season. Upon completion of the fall preseason the coaches will determine the best fit for each athlete for the winter season. Your athlete will either be placed on one of our winter travel teams OR will be placed in our in-house develop & compete clinic. Both options include practice, skills training and a game played on a weekly basis.



## Winter Season 12 wks (includes game play)

After completing the fall preseason, your athlete will be placed in one of the following programs for the winter season which runs Dec-Mar.

- Fusion Winter Travel your athlete has earned a roster spot on one of our fusion travel teams which includes 1 team practice, 1 skills training and 1 game/week December - March
- Red Bank Recreation Team your athlete has earned a roster spot on our developmental team which includes 1 team practice, 1 skills training and 1 game/week Dec-Mar
- Develop & Compete In-House Clinic

   your athlete needs a little more focus

   on development and gaining game

   experience. This clinic is a 90 min clinic
   that includes 30 mins of team skills
   followed by an organized game every
   week for 6 weeks Jan & Feb. 1 team
   practice & 1 skills training is also
   included every week Dec-Mar.