

Detailed Player Evaluations

Include:

Shooting Strength

Mechanics & Arc, Range, Off the Dribble, Catch & Shoot

Dribbling Strength

Use of Weak Hand, Under Control, Ability to Finish

Passing & Individual Strength

Vision, Court Sense, Catches Well, Strong Passes, Good Decisions

Defensive Strength

On & off ball, Help & Recover, Closing out, Balance, Anticipation, Man & Zone Rotations

Overall Strength

Scorer, Rebounder, Defender, Play maker, Knowledge, Work Ethic



This type of evaluation allows the player to fully understand their current areas of strengths and weaknesses while teaching them ways to immediately improve their game effectively going forward.

Fusion Gym

131 Drs James Parker Blvd
Red Bank, NJ

Salvation Army

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SCHOOL OF BASKETBALL MONTHLY PACKAGES





This program is ideal for any basketball player looking to learn the game, become a student of the game or stay involved with the game regardless of current skill level. This program is designed in a progressive format and becomes more advanced as the athlete improves.



BECOME A STUDENT OF THE GAME



By committing to 3 months your athlete will have the opportunity to become well-rounded and familiar with the complete game of basketball.

FLEXIBLE PACKAGE OPTIONS

Tight Schedule Options

Skills n Drills

- T-shirt
- 3 - 45 min PT sessions (1/ month)
- Weekly Skills n Drills clinic

Warm Up

- T-shirt
- 3 - 60 min PT sessions (1/ month)
- Weekly Small Group Training

'Looking to get into the gym as much as possible' options

Work Hard Play Hard

- T-shirt
- 6 - 60 min PT sessions (2/ month)
- Choice of 2 weekly clinics

Gym Rat

- Reversible Jersey
- 9 - 60 min PT sessions (3/month)
- Weekly Skills Clinic
- Weekly Small Group
- Choice of 1 additional weekly clinic